



Thank you for your interest in the Student Practicum Program with the Child and Adolescent Life Program at Duke Children's Hospital and Health Center. Our student program is offered two times a year: January – April and September – December. Your completed application must be submitted to our online program by the following dates:

May 13 (Fall Session)

October 16 (Spring Session)

**To qualify for the practicum position, students must be:**

- Affiliated with an academic institution for the duration of their practicum
- Enrolled in or have already completed one class taught by a Certified Child Life Specialist
- Enrolled in or have already completed two additional classes that would meet the coursework requirements laid out by the [Association of Child Life Professionals required course requirements](#)
- Have at least 50 hours of volunteer experiences with medical fragile children (please document on your resume)
- Have a cumulative 3.2 grade point average or higher

**Completed applications require the following documents:**

- A completed Duke Practicum Application Form (personal contact information, university information including expected graduation date, GPA, and advisor and affiliation agreement contact information)
- A 200 – 500 word essay describing your philosophy of Child Life, the strengths you will bring to a practicum, areas in which you would like more growth and how you envision a practicum experience to contribute to your academic and professional goals. This can be submitted through a box page or as a pdf file.
- Two letters of recommendation uploaded by references in pdf form (preferably one from someone who knows your academic qualifications and one from someone who has supervised or observed you in a field experience). Please share the email address to your online folder for submission.
- A pdf copy of your resume, listing your education and field experience to date.
- A pdf copy of your transcript. An official copy of transcript will be requested when an offer is made.
- A cover letter from your academic advisor that clearly states what academic credit you will receive (if any) and any specific academic requirements you will need to accomplish during this experience.

**All applications are to be submitted electronically through an online program.**

**If you are interested in applying to the Duke Child Life student program, please send an email to [childlifestudents@dm.duke.edu](mailto:childlifestudents@dm.duke.edu) with “Practicum Application Request” in the subject line. Please also include your full name, school email address, and the semester you are interested in applying in the body of the email.** Once we receive your email request we will send you a link within three business days to begin your application. Please allow yourself enough time to gather and submit all of the required documents online prior to the application deadline. It is the applicant's responsibility to solicit the recommendations and letter from academic advisor.

Upon receipt and review of the completed application, the Practicum Coordinator will be in contact with the applicant. On-site or Skype interviews will be conducted following the application review process. Only completed applications with all supporting documentation submitted through the online program will be considered for review. Please do not hesitate to call (919) 668-4205 should you have any questions regarding the practicum or online submission process.

Sincerely,  
Robin Hales, CCLS  
Student Practicum Program Coordinator




## **Child and Adolescent Life Program Student Practicum Program**

The Child and Adolescent Life Program at Duke Children's Hospital was established in 1969. Since then, Child Life Specialists have been working as part of the interdisciplinary health care team collaborating with nurses, doctors, social workers, school teachers, respiratory therapists, physical and occupational therapists, dieticians, chaplains and other technicians providing comprehensive quality patient care.

It is the mission of the Child and Adolescent Life Program to provide all pediatric patients and their families, both inpatient and outpatient, access to Child Life services. We believe all children have the right to understand what is happening to them, be supported by their caregivers and staff, and have opportunities for play and mastery especially in new or unfamiliar medical environments. As child life specialists, we are trained in helping children and their families overcome challenging medical events while promoting effective coping through play, preparation, education, and self-expressive activities. The Duke Child and Adolescent Life Program also provides procedural and emotional support for families and encourage opportunities for optimal development of children facing a broad range of challenging experiences.

The Duke Child Life staff consists of one part-time and eleven full-time specialists with Bachelor and Master degrees in a variety of fields including Child Life, Psychology, Education, Child Development, Recreation Administration, and Counseling. Child Life services are currently provided in eleven areas including: 5100 Inpatient Unit (Allergy/Immunology, Infections Disease, Rheumatology, Endocrinology, Neurology, Plastics and General Pediatric Medicine); Inpatient Hematology/Oncology; 5200 Inpatient Unit (Pediatric Bone Marrow and Stem Cell Transplant Unit); 5300 Inpatient Unit (Pulmonary, Critical Care Medicine, Urology, Orthopedics, Neurosurgery and Gastroenterology); Inpatient Cardiology/PCICU (Pediatric Cardiac Intensive Care Unit); PICU (General Pediatric Intensive Care Unit); PPCU (General Pediatric Progressive Care Unit); Pediatric Emergency Department; Pediatric Specialty Clinics (Outpatient clinics serving 26 subspecialties); Pre-operative Screening Unit; Surgical and Sedation areas; and Pediatric Hematology/Oncology and Brain Tumor clinic.

In all of these areas Child Life Specialists strive to meet the psychosocial and emotional needs of pediatric patients and their families helping the child cope constructively with the stress and anxiety experienced in the health care environment. Specialists also promote the pediatric patient's normal growth and development before, during and after hospitalization or outpatient clinic visits. These primary goals are achieved in a variety of ways including, but not limited to: providing developmentally appropriate therapeutic play opportunities both in the group setting in the playroom and on an individual basis; psychologically and emotionally preparing children and families for medical/surgical and diagnostic procedures; advocating for the needs of children and their families in the health care setting, providing emotional support to patients, parents and siblings, and helping to maintain a child and family friendly environment.



**Duke Children's**  
HOSPITAL & HEALTH CENTER  
**Child and Adolescent Life Program**  
**Student Practicum Program**

### **Student Practicum Program Goals and Objectives**

The practicum is an introduction to the hospital environment as well as first-hand observations of Child Life support, assessments, and other interventions at work. During the practicum experience we expect students to:

- Observe the role of the Child Life Specialist in various settings
- Develop a personal comfort level and confidence to function in the hospital environment
- Observe and implement group and individual activities for children birth-18 years
- Observe and assist with medical play for individuals and groups of children
- Provide emotional support for patients and families
- Expand your knowledge of medical terminology
- Observe medical procedures when appropriate
- Observe and assist with pre-procedural/preoperative preparation
- Observe interdisciplinary team meetings
- Observe and assist with supervision of volunteers
- Assist in playroom set-up, maintenance and clean up
- Assist in the facilitation of special events, entertainers, visitors
- Attend and participate in weekly student seminars by certified Child Life Specialists

If you have any other questions regarding the Duke Children's Practicum program, please contact:

(919) 668-4205.

Robin Hales, CCLS

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