

Calories
Total Fat (g)
Sat. Fat (g)
Carbs (g)
Sugar (g)
Protein (g)
Sodium (mg)
Caffeine (mg)

ESPRESSO

	Calories	Total Fat (g)	Sat. Fat (g)	Carbs (g)	Sugar (g)	Protein (g)	Sodium (mg)	Caffeine (mg)
SMALL	5	0	0	1	0	0	0	64
MEDIUM	10	0	0	2	0	1	0	128
LARGE	15	0	0	3	0	1	0	192

LATTE/CAPPUCCINO

SMALL	151	8	5	14	13	8	98	64
MEDIUM	156	8	5	15	13	9	98	128
LARGE	198	10	6	19	16	11	123	192

SKINNY LATTE/CAPPUCCINO

SMALL	91	0	0	13	12	8	128	64
MEDIUM	96	0	0	14	12	9	128	128
LARGE	123	0	0	18	15	11	160	192

AMERICANO

SMALL	10	0	0	2	0	1	0	128
MEDIUM	15	0	0	3	0	1	0	192
LARGE	20	0	0	4	0	2	0	256

CARAMEL MACCHIATO

SMALL	286	8	5	47	42	8	133	64
MEDIUM	316	8	5	54	48	9	133	128
LARGE	419	12	8	67	61	13	182	192

SKINNY CARAMEL MACCHIATO

SMALL	226	0	0	46	41	8	163	64
MEDIUM	256	0	0	53	47	9	163	128
LARGE	329	0	0	66	59	13	227	192

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Protein (g)
Sodium (mg)
Caffeine (mg)

MOCHA

SMALL	276	10	6	40	36	9	108	64
MEDIUM	428	12	7	69	61	13	143	128
LARGE	579	15	9	99	87	16	177	192

WHITE MOCHA

SMALL	276	9	6	41	37	8	183	64
MEDIUM	428	11	7	71	63	11	293	128
LARGE	579	13	9	102	90	13	402	192

SKINNY MOCHA

SMALL	216	2	1	39	35	9	138	64
MEDIUM	353	2	1	68	60	13	180	128
LARGE	589	3	1	97	85	16	222	192

SKINNY WHITE MOCHA

SMALL	216	1	1	40	36	8	213	64
MEDIUM	353	1	1	70	62	11	330	128
LARGE	489	1	1	100	88	13	447	192

CHAI LATTE

SMALL	204	5	3	36	32	5	99	41
MEDIUM	285	7	4	50	45	7	138	57
LARGE	344	9	6	59	53	9	170	65

SKINNY CHAI LATTE

SMALL	166	0	0	35	31	5	118	41
MEDIUM	233	0	0	49	44	7	165	57
LARGE	277	0	0	58	52	9	204	65

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Protein (g)
Sodium (mg)
Caffeine (mg)

JAVA CHIP FRAPPE

MEDIUM	480	13	8	87	78	7	57	20
LARGE	687	18	10	128	114	10	67	40

CHAI CREAM FRAPPE

MEDIUM	219	6	4	37	33	5	99	41
LARGE	260	7	5	44	39	6	119	49

MOCHA FRAPPE

MEDIUM	441	8	4	85	75	8	91	20
LARGE	556	8	4	111	97	10	101	40

WHITE MOCHA FRAPPE

MEDIUM	354	6	4	68	61	5	231	20
LARGE	510	7	5	103	92	7	329	40

TURTLE FRAPPE

MEDIUM	603	7	4	130	107	6	242	20
LARGE	764	9	4	166	136	7	325	20

PUMPKIN SPICE FRAPPE

MEDIUM	469	7	4	95	80	5	209	20
LARGE	570	8	5	116	97	6	259	20

VANILLA BEAN FRAPPE

MEDIUM	197	6	4	28	28	5	61	0
LARGE	257	7	5	36	36	6	74	0

FRUIT AND CREAM SMOOTHIE

MEDIUM	390	7	5	75	65	2	60	0
LARGE	453	10	7	81	71	3	90	0

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 Sodium (mg)
 Caffeine (mg)

CARAMEL APPLE CIDER

SMALL	260	0	0	65	56	0	116	0
MEDIUM	400	0	0	99	85	0	208	0
LARGE	540	0	0	132	115	0	299	0

FRUIT SMOOTHIE

MEDIUM	156	8	5	15	13	9	98	128
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ADD ONS

FLAVORED SYRUPS

SMALL	71	0	0	18	18	0	0	0
MEDIUM	95	0	0	24	24	0	0	0
LARGE	119	0	0	30	30	0	0	0

SUGAR FREE FLAVORED SYRUPS

SMALL	0	0	0	0	0	0	0	0
MEDIUM	0	0	0	0	0	0	0	0
LARGE	0	0	0	0	0	0	0	0

DRIZZLE TOPPING

CARAMEL	60	0	0	15	11	0	35	0
CHOCOLATE	55	0	0	13	11	1	5	0

PROTEIN POWDER

1 SCOOP	30	1	0	1	0	6	15	0
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FLAXSEED

1 SCOOP	72	6	1	5	0	3	0	0
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Our mission is to improve health, advance knowledge, and inspire hope.

Our vision is to be the trusted leader in healthcare through outstanding quality, an unparalleled patient experience, innovative care delivery, and our commitment to the community.



Duke Raleigh
 Hospital



Nutrition
 Information

