Grief / Bereavement


Personal reflections on grief and loss, insightful, comforting and well-written.


An excellent self-help book offering practical ways to recover from a death. Rando is one of the foremost authorities on grief and complicated mourning.


Good self-help book giving practical steps for dealing with grief.

INSPIRATION

Poems written to and for the author’s wife, Jane Kenyon, who died from cancer.


Web Sites

Growth House
www.growthhouse.org
Includes a search engine that offers access to the net’s most comprehensive collection of reviewed resources for end-of-life care, links health care organizations through a shared network.

www.hospicenet.org
Hospice Net for Patients and Families Facing Life Threatening Illness; grief materials available

www.netkin.com
www.aarp.org