



Duke Voice Care Center and Cary Arts Center Present

Let your voice be heard: Healthy singing and speaking voice for older adults

SEPT
7

Saturday, September 7, 2019
9am-4pm

Cary Arts Center | 101 Dry Avenue, Cary NC

Agenda

- How the voice works and how it changes as we age
- Other medical conditions affecting older voices
- Hearing loss and its effects on communication and our voices
- Strategies to keep our voices strong, even as we age
- Performance by 100 Men in Black

Break-out sessions for singing voice and speaking voice concerns, with audience participation

Full workshop: \$35 Early Bird (*Register by August 15, 2019*): \$25

Space is limited

Light refreshments will be provided

For more information, call 919-681-4984
or visit www.dukevoicecare.org

Register
online at
[DukeHealth.org/
YourVoice](http://DukeHealth.org/YourVoice)

Performance by:



100 MEN IN BLACK



DukeHealth

Duke Voice Care Center



**Cary Arts
Center**
TOWN OF CARY