

Relocation Planning Guide

Relocating for your lung transplant procedure is not an easy task. Use the checklist below to help you organize your relocation to Durham.

Step 1: Develop Initial Budget Plan

- Rent
- Utilities
- Food
- Transportation
- Parking
- Medication
- Incidentals

Step 2: Inspect Potential Residential Facilities

While no facility has every service available, identify those that are the most important to you and fit your budget. Then, inspect two or three of the facilities before signing a contract.

Remember, if you are not satisfied with your decision, you may always continue your search and move when your weekly or monthly lease requirements are fulfilled.

- Transplant clean
- Feels safe and comfortable
- Weekly and monthly contracts available
- Reasonable distance from Duke
- Mail delivery available
- Wheelchair accessible
- Roll-in shower
- Free or pay shuttle service
- Full kitchen amenities
- Some appliances included
- On-site laundry facilities
- Utilities included in rent
- Swimming pool
- Fitness room
- Restaurant on premises
- Social activities
- 24-hour room service
- Business center
- Computer data port

- Designated non-smoking rooms
- Medical discount available
- Air Conditioning
- Cable television/VCR/DVD
- Pets allowed
- Children welcome
- 911 service available
- Billing options identified
- Nearby shopping centers
- 24-hour security
- Housekeeping available
- Reasonable distance from RDU Airport
- Availability assured
- Overnight guests welcome
- Evening desk service

Step 3: Create a Moving Plan

- Make deposit
- Have car serviced
- Inform income sources
- Obtain school information
- Arrange for van rental if needed
- Collect boxes for packing
- Contact local pharmacy to transfer prescriptions
- Inform medical insurance carrier
- Follow Medicaid/Medicare relocation guidelines
- Arrange for pet transportation
- Identify place of worship
- Locate child-care services
- Obtain change-of-address information

Step 4: Close Permanent Residence

- Clean out/defrost refrigerator
- Unplug major appliances
- Disconnect utilities
- Give away plants

- Cancel deliveries
- Arrange for yard care
- Forward mail
- Update address book
- Notify important people
- Ask trusted neighbors to inform you of any problems

Step 5: When You Get To Durham

- Inform your transplant coordinator
- Identify local bank branch
- Locate local veterinary service
- Contact cable service
- Call newspapers
- Contact new utilities
- Obtain local street maps
- Keep emergency numbers handy
- Obtain cell phone
- Child- and pet-proof apartment
- Test smoke alarms
- Save receipts for insurance
- Save receipts for tax purposes
- Contact local pharmacy