

Name:

MR#:

Date:

Visit #:

## Voice Handicap Index

These are statements that many people have used to describe their voices and the effects of their voices on their lives. Circle the response that indicates how frequently you have the same experience.

<b>1) My voice makes it difficult for people to hear me.</b>	never	almost never	sometimes	almost always	always
<b>2) I run out of air when I talk.</b>	never	almost never	sometimes	almost always	always
<b>3) People have difficulty understanding me in a noisy room.</b>	never	almost never	sometimes	almost always	always
<b>4) The sound of my voice varies throughout the day.</b>	never	almost never	sometimes	almost always	always
<b>5) My family has difficulty hearing me when I call them throughout the house.</b>	never	almost never	sometimes	almost always	always
<b>6) I use the phone less often than I would like.</b>	never	almost never	sometimes	almost always	always
<b>7) I'm tense when talking with others because of my voice.</b>	never	almost never	sometimes	almost always	always
<b>8) I tend to avoid groups of people because of my voice.</b>	never	almost never	sometimes	almost always	always
<b>9) People seem irritated with my voice.</b>	never	almost never	sometimes	almost always	always
<b>10) People ask, "What's wrong with your voice."</b>	never	almost never	sometimes	almost always	always
<b>11) I speak with friends, neighbors, or relatives less often because of my voice.</b>	never	almost never	sometimes	almost always	always
<b>12) People ask me to repeat myself when speaking face-to-face.</b>	never	almost never	sometimes	almost always	always
<b>13) My voice sounds creaky and dry.</b>	never	almost never	sometimes	almost always	always
<b>14) I feel as though I have to strain to produce voice.</b>	never	almost never	sometimes	almost always	always

<b>15) I find other people don't understand my voice problem.</b>	never	almost never	sometimes	almost always	always
<b>16) My voice difficulties restrict my personal and social life.</b>	never	almost never	sometimes	almost always	always
<b>17) The clarity of my voice is unpredictable.</b>	never	almost never	sometimes	almost always	always
<b>18) I try to change my voice to sound different.</b>	never	almost never	sometimes	almost always	always
<b>19) I feel left out of conversations because of my voice.</b>	never	almost never	sometimes	almost always	always
<b>20) I use a great deal of effort to speak.</b>	never	almost never	sometimes	almost always	always
<b>21) My voice is worse in the evening.</b>	never	almost never	sometimes	almost always	always
<b>22) My voice problem causes me to lose income.</b>	never	almost never	sometimes	almost always	always
<b>23) My voice problem upsets me.</b>	never	almost never	sometimes	almost always	always
<b>24) I am less outgoing because of my voice problem.</b>	never	almost never	sometimes	almost always	always
<b>25) My voice makes me feel handicapped.</b>	never	almost never	sometimes	almost always	always
<b>26) My voice "gives out" on me in the middle of speaking.</b>	never	almost never	sometimes	almost always	always
<b>27) I feel annoyed when people ask me to repeat.</b>	never	almost never	sometimes	almost always	always
<b>28) I feel embarrassed when people ask me to repeat.</b>	never	almost never	sometimes	almost always	always
<b>29) My voice makes me feel incompetent.</b>	never	almost never	sometimes	almost always	always
<b>30) I am ashamed of my voice problem.</b>	never	almost never	sometimes	almost always	always