



# Duke Voice Care Center

Where everyone has a voice

**COUGH QUESTIONNAIRE:**

When did you first notice the cough?			
Did your cough begin after a cold or upper respiratory infection?	YES	NO	
Is your cough dry, productive, or both?	DRY	PRODUCTIVE	BOTH
Do you clear your throat often?	YES	NO	
Do you have the sensation of mucus in throat?	YES	NO	
Do you have any other throat sensations?	FULLNESS    PRESSURE    PAIN SOMETHING IN THE THROAT OTHER _____		
Do you ever feel like your throat closes or that you are unable to catch your breath?	YES	NO	
If so, does this occur just after coughing or does it occur other times also.	ALWAYS WITH COUGHING SOMETIMES WITHOUT COUGHING BOTH		
What is the frequency of your cough ( for example: once per hour, 5 times per day, every time I exercise, etc)?			
Is it getting worse, improving, or staying the same since it first began?	WORSE	IMPROVING	STABLE
How many caffeinated beverages do you drink per day (coffee, tea, sodas, etc)?	1-2	3-5	>5
How many 8 ounce glasses of water and non-caffeinated beverages do you drink each day?	1-2	3-5	6-8
Are you taking any over-the-counter remedies such as cough lozenges or cough syrups? List:			

DIVISION OF OTOLARYNGOLOGY-HEAD AND NECK SURGERY, DEPARTMENT OF SURGERY

**DURHAM:**  
DUKE UNIVERSITY MEDICAL CENTER  
DUKE CLINIC IH  
DURHAM, NC 27710

**RALEIGH:**  
DUKE MEDICINE PLAZA  
3480 WAKE FOREST ROAD, SUITE 404  
RALEIGH, NC 27609

**VOICE CARE INFORMATION**  
(919)681-4984  
dukevoicecare.org

Have you ever used bronchodilators or other asthma medications?	YES	NO	
If so, did they help your cough or make it worse?	YES	NO	NOT SURE
Does your coughing occur during the day, at night while sleeping, or both?	DAY	NIGHT	BOTH
What, if anything, triggers your cough or makes your cough worse? Please list:			
Circle any of the following conditions you experience:	<ul style="list-style-type: none"> <li>a. Post nasal drip</li> <li>b. Allergies</li> <li>c. Sinus infections</li> <li>d. Asthma (allergic, exercise-induced, cough-variant, etc)</li> <li>e. Other pulmonary conditions</li> </ul> <hr/> <ul style="list-style-type: none"> <li>f. High blood pressure</li> <li>g. Acid reflux (gastroesophageal reflux disease/GERD)</li> <li>h. Other GI conditions (esophageal dysmotility, hiatal hernia, IBS, etc):</li> </ul> <hr/> <ul style="list-style-type: none"> <li>i. Connective tissue disorders</li> <li>j. Anxiety, depression, or panic attacks</li> <li>k. Thyroid disease</li> </ul>		
Have you tried anything which has helped your cough, even to a small degree? Describe:			

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