



# Duke Gastroenterology

3480 Wake Forest Road Suite 500  
Raleigh, NC 27609  
Telephone: (919) 862-5075

You have been scheduled for an **Esophagogastroduodenoscopy (EGD)**. This procedure is performed by passing a thin flexible tube through your swallowing tube (esophagus), stomach and small intestines (duodenum) as a surveillance of the mucosa of your digestive tract. For this procedure you will receive intravenous moderate sedation.

## Preparation for your Procedure

- ✓ You must have a driver over the age of 18 years old (with a valid driver's license) to accompany you and drive you to and from your procedure. Your driver must remain on site until your procedure is completed and until you are discharged.
- ✓ Stop taking aspirin and aspirin products (Motrin, Advil), iron supplement tablets and liquid antacids for 5 days prior to your scheduled procedure.
- ✓ If you are taking medications that thin your blood: lovenox, coumadin or plavix, please ask your prescribing physician if these can be held for 5 days prior to your procedure.
- ✓ Take your morning medications with a sip of water 2 hours before your appointment time.
- ✓ **Please remain WITHOUT FOOD OR FLUID after 12 midnight prior to your scheduled procedure except for your morning medication.**
- ✓ Please bring a list of your current medications to your procedure.
- ✓ Please bring your insurance card.
- ✓ We will cancel your procedure if you do not have anyone available to bring you home or if you did not complete your preparation. Please make all necessary arrangements prior to your procedure date.

A nurse from our staff will call you prior to your procedure to review your health history, medication use and preparation instructions, if you are scheduled in our office. A nurse may or may not call you if you are scheduled to have your procedure at Duke Raleigh Hospital. If you miss our call, please call us and ask to speak to a nurse concerning your procedure at (919) 862-5075. If you need to cancel or reschedule your procedure please call The Duke GI of Raleigh staff at (919) 862-5075

Your Procedure has been scheduled on: \_\_\_\_\_

Procedure Time: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

Location: \_\_\_\_\_

Thank you.

*The Physicians and Medical Team at Duke GI of Raleigh*