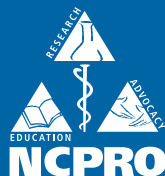


U. S. otolaryngology practices are invited to participate in a multi-center, prospective observational study of adults and children with chronic or recurrent tonsillitis.

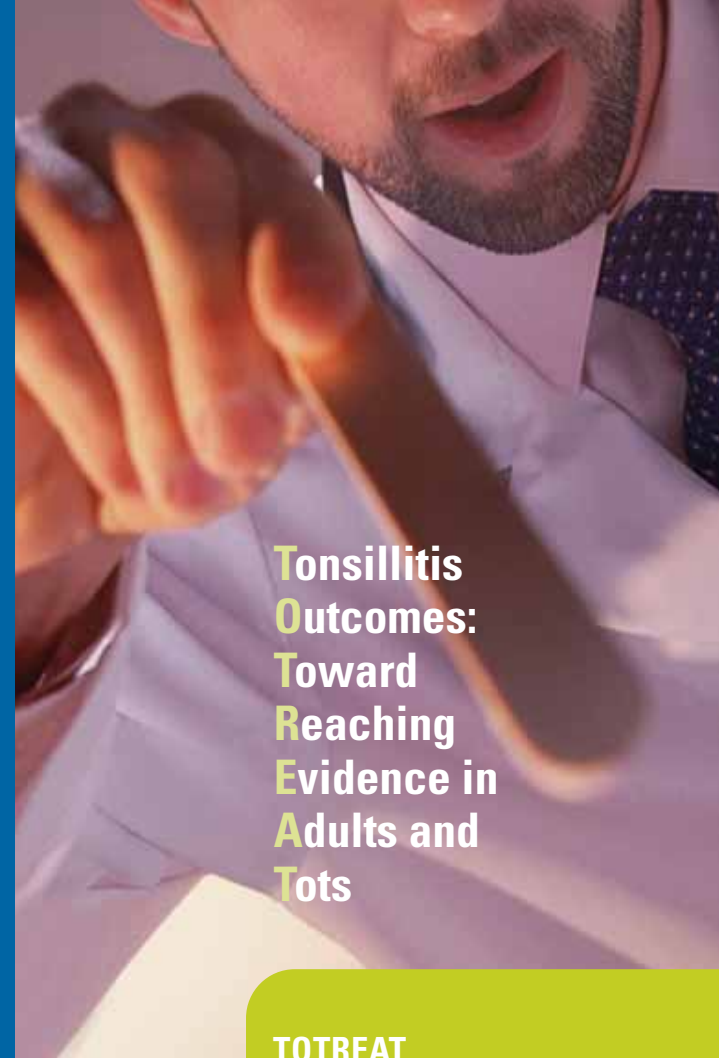
The TOTREAT study of adults and children with chronic or recurrent tonsillitis is based upon patient questionnaires. The investigation affords the practicing physician an opportunity to actively engage in research geared toward improvements in patient care. The TOTREAT questionnaire currently is available in English only.



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**Tonsillitis
Outcomes:
Toward
Reaching
Evidence in
Adults and
Tots**

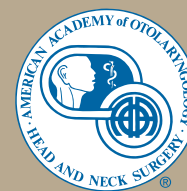
TOTREAT

Sponsored by the American Academy of Otolaryngology—Head and Neck Surgery Foundation, and its National Center for the Promotion of Research in Otolaryngology. Supported in part by a generous unrestricted educational grant from Schering-Plough. This research is coordinated at the Duke Clinical Research Institute at Duke University Medical Center in Durham, North Carolina.

Look for published results in early 2005.



American Academy of Otolaryngology—
Head and Neck Surgery Foundation
Working for the Best Ear, Nose, and Throat Care
One Prince Street | Alexandria, VA 22314-3357 U.S.A.
1-703-836-4444 | Fax 1-703-683-5100
www.entnet.org



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Tonsillitis Outcomes: Toward Reaching Evidence in Adults and Tots

Specific Study Aims

- To describe** the disease-specific improvements in quality of life for patients with chronic or recurrent tonsillitis at six months of follow-up, to include patients who undergo tonsillectomies and those who do not
- To validate** a health-related quality of life tool to assess the burden and response to treatment for adult patients with chronic tonsillitis
- To obtain** evidence on the effectiveness of tonsillectomy to reduce infections and to improve quality of life

Reason for Study

The TOTREAT study evaluates the quality of life of patients after treatment for recurrent and/or chronic infection. Recurrent and chronic infections of the tonsil and adenoid tissue are a common problem, and surgery continues to be a commonly performed treatment. Although there have been many reports on the effectiveness of treatment, most authors have examined only changes in objective measures of health status, such as the number of episodes of tonsillitis.

In addition, the indications for adenotonsillectomy remain poorly defined and controversial. Also, the quality of life of children and adults after adenotonsillectomy for recurrent or chronic infection has not been studied prospectively.

Procedure

Patients may participate in the study whether or not they decide to have surgery. Patients complete a brief outcomes questionnaire at enrollment. Then the Coordinating Center will have patients complete a similar questionnaire at six months and possibly one year of follow-up.

BEST ENT Network

Physicians participating in the TOTREAT study have the opportunity to become members of the BEST ENT Network coordinated by the National Center for the Promotion of Research in Otolaryngology (NCPRO). Established to expand and improve the evidence base for treatment options in otolaryngology, the BEST ENT Network is made possible by funding from Schering-Plough Laboratories.

In fulfillment of the research mission of the American Academy of Otolaryngology–Head and Neck Surgery Foundation, NCPRO oversees clinical studies directly relevant to the day-to-day practices of Academy members.

For More Information about TOTREAT

<http://www.entnet.org/research/research/research.cfm>

To Become a TOTREAT Study Site please contact

Maureen Hannley, PhD

Chief Research Officer
American Academy of Otolaryngology—
Head and Neck Surgery Foundation
mhannley@entnet.org



TOTREAT

TOTREAT Steering Committee

Michael G. Stewart, MD, MPH

Principal Investigator

Nira Goldstein, MD (Pediatric Study)

Principal Investigator

Laura Orvidas, MD

Mayo Clinic

Timothy L. Smith, MD, MPH

Medical College of Wisconsin

Edward M. Weaver, MD, MPH

University of Washington

David L. Witsell, MD, MHS (Adult Study)

Duke University Medical Center

Bevan Yueh, MD, MPH

University of Washington

P. Ashley Wackym, MD

Medical College of Wisconsin

Special thanks to the following for their significant contributions:

Outcomes Research and Evidence-based
Medicine Subcommittee

Pediatric Otolaryngology Committee

Margaretha Casselbrant, MD, PhD