



ERCP/Upper EUS Prep instructions

You have been scheduled for an ERCP or upper EUS at Duke South – Clinic 2H, GI Endoscopy Unit. This is a detailed examination of your upper GI tract, biliary tract or surrounding tissue. You cannot eat or drink after midnight. Please bring any X-rays, CT scans or lab work you may have.

Your stomach needs to be empty to perform this test. Please read the following instructions ahead of time so you can be adequately prepared for this exam.

For your comfort, IV sedation (to make you relaxed) is given for this exam. You must have a responsible companion, a family member or friend (18 or older) to escort you to Clinic 2H, be available during your procedure, be present at the time of your discharge, and to stay with you for several hours after your procedure. If you come without an escort to the unit, the nurse will need the name and phone number of your escort to verify that they will meet you in Clinic 2H after your procedure. You **cannot** leave the GI Endoscopy Unit alone. You **may not go home alone** in a taxi, shuttle van, or bus as these drivers will not be responsible for you. You cannot drive until the next day if you receive sedation.

If your escort does not accompany you to the unit – or your escort/driver cannot be confirmed – your procedure unfortunately will be canceled.

Special Medication Instructions

We recommend the following medication changes prior to your procedure:

-Blood-thinning medications (coumadin, Ticlid, Plavix, and Lovenox) may need to be discontinued prior to your procedure. Please contact your prescribing physician for instructions well in advance since you may need to be off these drugs 1-10 days, depending on the medicine.

-Do not take aspirin or any aspirin products (alka-seltzer, bc powder) 7 days prior to your procedure unless you are taking it for heart disease or strokes. Avoid drugs like ibuprofen, nuprin, advil, aleve, motrin, or naprosyn. For discomfort or headache you may take Tylenol. You may continue to take prescribed arthritis medications.

-Do not take iron pills 7 days prior to your procedure.

-Continue to take you prescribed medications as usual. If you have any questions about your medications, call your prescribing physician.

-Diabetic patients: if you take an oral hypoglycemic “sugar pill”, do not take it the day of your procedure. If you are taking insulin, you should only take half (1/2) of your usual scheduled dose before your procedure.

-If you have an internal defibrillator device (AICD) please call (919) 684-6437. You will need to know the name brand of your device prior to your procedure.

-If you have a latex allergy please call (919) 684-6437.

-If you have a language barrier or a communication issue, call (919) 684-6437.